



Create Resilient Health Physically, Emotionally and Spiritually

Mission: To educate people, and motivate them, about taking authority over the various aspects of their health, including physical, environmental and stress that cause dis-ease.

Radical Resilience Schedule

Friday Nov 5, 2021

6:00- 8:00 PM Setting the Tone for Healing with Pam Holloway & Steve Rees

Saturday Nov 6, 2021

9:00 - 9:10 am Welcome & Announcements (Pam Holloway)

9:10- 9:45 am Kingdom of God Playbook for Optimal Impact; Living in your True Self (Steve Holt)

9:45-10:30 am What Causes Dis-Ease & a Few Tools Against Disease (Lee Cowden)

10:30-10:45 am Break

10:45-11:30 am Viral Recovery (Pam Holloway)

11:30 am-12:15 pm Oxidant Therapy & an Inexpensive Kit to Save Your Life (Lee Cowden)

12:15-1:15 pm BREAK (*Lunch provided*)

In-Person Attendees: Steve Rees Concert in Chapel or Social Connections in Foyer Lunch Area

1:15-2:00 pm Emotional Stress Healing Tools (Lee Cowden)

2:00-2:45 pm Make Your Temple Resilient Against Infection (Matt Brock)

2:45-3:00 pm Break

3:00-3:45 pm Detoxifying Your Body and Environment (Pam Holloway)

3:45-4:30 pm For Lack of Knowledge about Foods (Matt Brock)

4:45-5:00 pm Round Table Q & A

5:00-5:30 pm Radical Resilience: Tools Every Family Should Have for Health

**Schedule subject to change without notice.*

Speakers

Steve Holt, Pastor, MS, DD

Lee Cowden, MD, MD(H)

Pam Holloway, RN, MS

Matt Brock, MD, MD(H)

Steve Rees, RN, BS